

IRONMAN DUALS

SATURDAY AND SUNDAY, APRIL 16-17, 2011

Hosted by *MODERN DAY GLADIATORS* and
GETTYSBURG YOUTH WRESTLING CLUB

Location-Gettysburg High School Gymnasium
1130 Old Harrisburg Road
Gettysburg, PA 17325

Saturday, April 16-Folkstyle Duals Tournament

Wrestling begins at 9am

Sunday, April 17-Freestyle and Greco Roman Duals Tournaments

Wrestling begins at 9am

Divisions

High School-grades 9-12 as of 2010-2011 school year
Middle/Elementary-grades K-8 as of 2010-2011 school year
You can only wrestle in one division throughout the two day event

Cost

\$350 for both days of wrestling or \$300 for one day
A \$150 deposit must be received by April 1st to secure your spot
Remainder of cost with rosters due April 13

Weigh-ins

Friday, April 15 6:00-8:00pm

Or

Saturday, April 16 7:30-8:30am
Only one weigh-in for both days

Weight Classes

Middle/Elementary-60, 65, 70, 75, 80, 85, 90, 95, 100, 108, 117, 121, 129, 137, 144, 155,
167, 180, 200, 240 & 4 Alts.

High School-105, 114, 121, 127, 132, 137, 142, 147, 154, 162, 172, 190, 215, 285 & 4
Alts.

Awards

Awards will be given for each tournament and an overall Iron Man Trophy will be award
to the top team for all three tournaments.

For additional information and to receive your registration packet contact

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www.hainestrained.com