

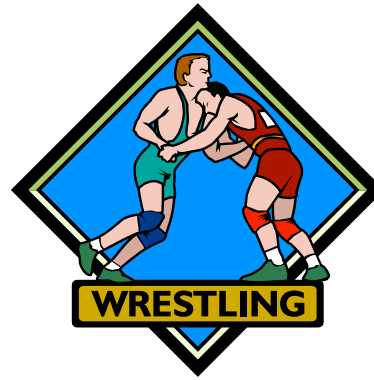
GETTYSBURG

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WRESTLING

CAMPS

JULY 18-21, 2011



Camp staff/Guest Clinicians will include-

Ken Haines-PA State Champion, 3x NCAA D-I Qualifier, EWL Champion

Derrick Borlie-High School National Champion, 2x VA State Champion, University of Wisconsin

Wes Heavener-State Champion, Shippensburg University, High School All American

Gettysburg Wrestling Staff

Send your registration or contact for more information:

Chris Haines

1476 Buchanan Valley Road

Orrtanna, PA 17353

717- 677-6921

chris@hainestrained.com

WWW.HAINESTRAINED.COM

Enclosed is my tuition of \$40.00 or \$80.00 for the Gettysburg Wrestling Camp. I give my consent and approval to the participation of my son in this wrestling camp. I certify he is physically fit to take part in all the activities. I also agree that the tuition will **NOT** be refunded under any circumstance. I pledge his compliance to all camp rules.

Date _____ Parent Signature _____

Make checks payable to Gettysburg Wrestling..

Mail to: Coach Chris Haines
1476 Buchanan Valley Road
Orrtanna, PA 17353

Name: _____
 Phone# _____ Address: _____

City: _____ State: _____ Zip _____ Age: _____
 Grade-Next Year: _____ School-Next Year: _____ Weight _____

Camp Circle One- Elementary Camp Middle School Camp High School Camp

Parents' /Guardians' Name(s): _____ Daytime Phone #: _____

*All participants must be covered by medical insurance

Insurance Company: _____ Group#: _____ Policy#: _____

Warrior Wrestling Camp

Elementary Camp Grades K-5

July 18- 21, 2011
 8am-11am
 Gettysburg High School

Objectives: To teach and develop wrestling skills for wrestlers of the elementary age with an emphasis on fundamentals.

Hours:
 Camp instruction will begin at 8am and conclude at 11am each day in the Gettysburg High School gymnasium for the week of July 18-21. Campers must not arrive before 7:30am and must be picked up by 11:15am.

Dress: Each wrestler should be properly dressed in a T-shirt, shorts, and wrestling shoes.

Cost: The fee for the camp is \$40.00.

Middle School Camp Grades 6-8

July 18- 21, 2011
 1pm-4pm
 Gettysburg High School

Objectives: To teach and develop wrestling skills for wrestlers of the middle school age with an emphasis on fundamentals.

Hours:
 Camp instruction will begin at 1pm and conclude at 4pm each day in the Gettysburg High School gymnasium for the week of July 18-21. Campers must not arrive before 12:30pm and must be picked up by 4:15pm.

Dress: Each wrestler should be properly dressed in a T-shirt, shorts, and wrestling shoes.

Cost: The fee for the camp is \$40.00.

High School Camp

July 18- 21, 2011
 10am-4pm
 Gettysburg High School

Objectives: This is an intense camp and all campers must arrive in shape and prepared to train.

Hours:
 Camp instruction will begin at 10am and conclude at 4pm each day in the Gettysburg High School wrestling room for the week of July 18-21. Campers must not arrive before 7:30am and must be picked up by 4:15pm.

Dress: Each wrestler should bring two sets of clothes, running shoes, wrestling shoes, shower needs, and pack a lunch for each day.

Cost: The fee for the camp is \$80.00